

Safe Medications

During pregnancy, women can be more susceptible to ailments like cold and flu and other conditions. Only certain medications are safe during pregnancy. The following are considered safe. Follow the labels for dosage and directions. Contact the office with questions.

<p>Acne Benzoyl Peroxide Clindamycin Topical Erythromycin Salicylic Acid</p> <p>Avoid: Accutane Retin-A Tetracycline Minocycline</p>	<p>Antibiotics Cephalosporins Penicillin Zithromax</p> <p>Avoid: Ciprofloxacin Tetracycline Minocycline Levaquin</p>	<p>Colds/Allergies Diphenhydramine Loratadine Cetirizine Chlorpheniramine Brompheniramine Guaifenesin Vicks Vapor Rub</p>
<p>Constipation Miralax, Docusate Sodium Dulcolax Suppository Fibercon, Metamucil</p>	<p>Cough Cough Drops Guaifenesin</p>	<p>Crab/Lice RID</p> <p>Avoid: Kwell</p>
<p>Gas Simethicone</p>	<p>Headaches Acetaminophen</p>	<p>Heartburn Famotidine Lansoprazole Ranitidine Pepcid Complete Rolaids Tums</p>
<p>Hemorrhoids Anusol/Anusol H.C. (RX: Analapram 2.5%) Hydrocortisone OTC Preparation H, Tucks Vaseline lotion applied to tissue</p>	<p>Herpes Acyclovir Famvir Valacyclovir</p>	<p>Leg Cramps Diphenhydramine</p>
<p>Nasal Spray Saline Nasal Spray</p>	<p>Nausea Vitamin B6 25mg 3 times daily Dimenhydrinate Doxylamine Vitamin B6 and Unisom at bedtime Emetrol Ginger Root 250mg 4 times daily</p>	<p>Pain Acetaminophen Oxycodone** Hydrocodone** Codeine** Tramadol** **Narcotic medications should only be used when prescribed for a legitimate medical problem by a doctor for a short period of time.</p>
<p>Rash Diphenhydramine 1% Hydrocortisone Cream</p>	<p>Sleep Aids Diphenhydramine Doxylamine Chamomile Tea Tylenol PM</p>	<p>Throat Cepacol Cepastat Salt Water Gargle w/ warm water Throat Lozenges</p>
<p>Tooth Pain Orajel</p>	<p>Yeast Infection Clotrimazole Miconazole (Monistat) Terconazole</p>	